

## Any Of Us video – descriptive transcript

Audio	Visual
<b>[No audio]</b>	The shot fades in from black and a young woman is holding a bit of paper in her hands. She is standing up in front of a group of other people.
<b>[First woman] I'm a very ordinary person. You'll find people like me everywhere.</b>	The woman begins to speak.
<b>[First woman] Sometimes I'm tired, sometimes I'm stressed. Nobody's perfect, but who can we be but ourselves, and most of the time that will be enough.</b>	The woman who is speaking is now dressed in chefs clothes and telling children to place their plates on a tray.  After several seconds, the woman walks down a back alley, wearing casual clothes. Several children run past her. She sees a young person sat on the floor and she sits with them.
<b>[Water splashes while the girl washes her face]</b>	A young girl in a green top with blonde hair washes her face in a sink.
<b>[Second woman] I haven't always had it easy, who has, but wherever you find yourself, there's always a way forward. Sometimes you just need to be there.</b>	Several shots play.  Two women stock shelves in a shop and laugh together.  The young girl walks through down the road and sits down in the grass by a pavement. She has her head under her arms.  One of the women from the shop walks down a road, she is passed by a fire engine with its sirens on.  The woman is now comforting a woman whilst the fireman go into a house behind her.
<b>[Second woman] Because if you aren't, who will be?</b>	The young blonde girl takes a plastic bag hidden under her bed and pulls out a partially eaten bread roll. It is showing signs of mould.
<b>[Man] I'm not a person who makes a big difference in the world, I just deal with whatever comes my way one moment at a time to find out about it.</b>	A man is talking and starts playing snooker. Two men start arguing behind him and he looks up at them.
<b>[Man] But what happens when you put all of those moments together</b>	The blonde girl stands in a dark room and then tries to sleep.
<b>[Man] They make up a life, so it's what you do with your moments that counts.</b>	The man is stood in front of a group of people in a hall reading off a bit of paper.

Audio	Visual
	Somebody Googles “how to become a foster carer”.
[Music]	The people in the hall all sit around chatting and smiling. Somebody holds a “becoming a foster carer” leaflet whilst talking.
[Social worker] So let's just go over what's going to happen towards the end of the week	The young girl sits with an older woman who is talking to her.
[Music]	The young girl then starts packing a bag and sits in a car.
[First woman] It's a journey	Somebody's front door opens to show the girl standing outside.
[Second woman] It's okay to not always know the way	The woman from the shop is talking.  A door appears that has a sign saying “Chloe”.
[Man] And whenever I worried that I'd be alone I found that I wasn't.	The shots change between the man talking and the girl shouting.
[Social worker] It sounds like you're doing all the right things.  She's been through so much change hasn't she?	A woman is talking on the phone.  There is a compilation of the blonde girl shouting and listening to music. There are also shots of people on the phone talking to someone.
[Music]	Shots of the young blonde girl sat on the sofa with her headphones on as well as her baking bread, opening Christmas presents, doing homework, trying on clothes, and lying down in a cosy bedroom.
[Carers] And what I've learned is that I was capable of more than I ever thought possible.	The three carers from the video talk together, saying different parts of the sentence.
[Carers] And what I've realised is that it could be any of us that makes a difference in a child's life	The carers continue to talk together.  The young blonde girl runs across a beach smiling with her foster carers running after her laughing.
[Music]	They continue to run across the beach. Shots are included of the girl at home, pulling on a jacket and looking in a mirror.
[Music]	The young blonde girl stands on the beach looking out to sea and then at the camera.
[Chloe] And it could be any of you.	
[White noise]	The young girl fades to black. White text appears on screen that says “foster for your local authority”.
[No audio]	The Foster for East Midlands logo appears. Text underneath it says “fosterforeastmidlands.co.uk 03033 132950”.